

# SPECIAL INTEREST GROUP ON FOOD SUPPLEMENTS

Thu 07 March 2019  
Discovery Building, BioCity, Pennyfoot Street,  
Nottingham NG1 1GF



PART FUNDED BY:



**European Union**  
European Regional  
Development Fund

This event is being held as part of the INSTILS programme – a project part-funded by the European Regional Development Fund.

**09h00** REGISTRATION AND REFRESHMENTS

**09h30** WELCOME AND INTRODUCTIONS

**09h40** Targeting the gut microbiota through diet to improve health and exercise performance

**10h10** Probiotics: What might be in the future? – They are alive so look after them!

**10h40** REFRESHMENTS AND BREAK

**10h55** Rules surrounding Probiotics

**11h05** Getting the most from Universities

**11h35** Why and how I developed Just For Tummies

Janet Worrell  
**consult2deliver**

Neil Williams  
**Nottingham Trent  
University**

Jamie Christie  
**Nutrasolve**

Nick Bennett  
**Brunel Healthcare**

Max Bardwell  
**Nottingham Trent  
University**

Linda Booth  
**Just For Tummies**

IN PARTNERSHIP WITH:



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Janet Worrell  
consult2deliver

12h00 Summary

12h10 LUNCH AND NETWORKING

13h00 FINISH AND CLOSE

IN PARTNERSHIP WITH:



INFO@MEDILINKEM.COM

WWW.MEDILINKEM.COM

0115 822 3154